

# Lake Elsinore Unified School District

## Elementary

### Elementary Lunch Menu

November 2008

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Mini Corn Dogs (5) Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Corn Orange Smiles Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>4</p> <p>Cheeseburger on a Bun Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Baked Beans Diced Pears Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>5</p> <p>Mac and Cheese - KFC Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Celery Sticks Sliced Apples Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>6</p> <p>Taco Pocket Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Green Beans Diced Peaches Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>7</p> <p>Cheese Pizza Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Macaroni Salad Tasty Tangerine Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>
<p>10</p> <p>Chicken Nuggets (5) Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Celery Sticks Apple Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>11</p>	<p>12</p> <p>Tony's 4X6 Cheese Pizza Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Fresh Veggie Packs Peach Cup (1) Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>13</p> <p>Cheeseburger Classic Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Baked Beans Fresh Orange Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>14</p>
<p>17</p> <p>Pancakes (2) w/ sausage links (2) Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Mandarin Oranges Applesauce Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>18</p> <p>Wedge Pepperoni Pizza Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Carrot Salad Apple Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>19</p> <p>Turkey &amp; Gravy w/ Vegetables &amp; Biscuit Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Green Beans Strawberries Holiday Cookie MILK VARIETY Condiments w/ranch dressing</p>	<p>20</p> <p>Chili Scoops w/Cheese Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Celery Sticks Orange Smiles Cracker Snack/ele MILK VARIETY Condiments w/ranch dressing</p>	<p>21</p> <p>PB&amp;J Uncrustable Asst. Assorted Sandwich Yogurt 8 oz all sites lunch Carrots and/or Salad Corn Diced Pears Cracker Selection MILK VARIETY Condiments w/ranch dressing</p>

Lake Elsinore Unified School District  
 Elementary  
 Elementary Lunch Menu  
 November 2008

Monday	Tuesday		Wednesday		Thursday		Friday	
	Average		Target	% of Target		Average	% of Calories	Target
	Calories	687	645	107%	Protein	27.62 g	16.08%	8.87
	Cholesterol	39 mg			Carbohyd	103.25 g	60.13%	
	Sodium	1197 mg			Tot. Fat	19.04 g	24.94%	<30.00%
	Fiber	6.05 g			Sat. Fat	6.18 g	8.09%	<10.00%
	Iron	5.00 mg	3.30	152%				
	Calcium	582.36 mg	267.00	218%				
	Vitamin A	7492 IU	1055	710%				
	Vitamin A	0 RE	211	0%				
	Vitamin C	36.85 mg	15.00	246%				